# Biliary tree variants among potential living liver donors, our experience at King Hussein Medical Center

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# ABSTRACT

**Objective:** To assess the frequency of biliary tree variants of potential liver donors presented to King Hussein Medical Center.

**Methods:** This is a retrospective study done at KHMC on 120 patients aged between 20-45 years presented to KHMC as potential liver donors , MRCP was performed as part of their preoperative evaluation , studies were reviewed by radiologists and results analyzed using simple statistical methods .

**Results:** Of the 120 donors 82 had normal biliary tree anatomy (type I). 21 had anatomical variation which is around 31% .the most common anomaly was type III followed by type II then the other rare variants that will be discussed in details later.

**Conclusion:** Biliary tree anatomy may have a lot of variation that may interfere with liver transplant surgeries and this made preoperative evaluation of biliary tree a mandatory step.

MRCP proved to be highly sensitive and dependable way of assessment of biliary tree

The commonest anomalies were type III followed by Type II

Key words: Liver donor, biliary tree, variant, MRCP

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#### Introduction

Hepatobiliary surgeries show dramatic increase in frequency and complexity and these procedures among is liver transplantation .A major cause of morbidity and mortality in liver transplant surgeries biliary complications, this can be is reduced by accurate preoperative evaluation of the biliary tract anatomy.<sup>(1)</sup> Biliary anatomy is subject to a lot of variations that might interfere with surgical procedures and increase the risk of postoperative complications.

Magnetic resonance cholangiopancereaticography (MRCP) is a safe non-invasive reliable method for investigation of biliary tree anatomy.<sup>(2,3)</sup>

In this study we aim to demonstrate the incidence of biliary variations among potential living liver donors presented at King Husein medical center (KHMC)

#### Methods

This is a retrospective study done at KHMC , royal medical services done between June 2009 - August 2015.

In this study a total of 120 potential living liver donors aged between 20-45 years were examined by a standard MRCP protocol for preoperative evaluation . Studies were reviewed by radiologists and results analyzed.

The exam was included in study if the  $3^{rd}$  order branches of biliary tree were visualized.

The MRCP protocol used as following, thin slab axial HASTE, thick slab coronal HASTE and T2 3D sequence with post processing and multiplanar imaging and MIP images . studies were done using

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Siemens avanto 3 tesla machine.

# Results

Of the 120 potential liver donors 82 had normal biliary tree anatomy (type I) which accounts for about 68.4 %, 15 had type III = 12.5 %, 10 had type II around 8.3 % and the other types collectively account for 10,8 % . results are shown in the following chart A :

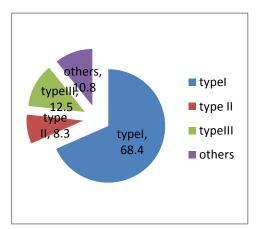


Chart A : showing the distribution of biliary variants

## Discussion

Inspite of recent advances in hepatobiliary surgerical techniques biliary related complications still remain a major cause of morbidity and mortality . studies state that in liver transplant surgeries the incidence of biliary complications might reach up to 25 % , 10 % of them fatal . (ref 3,4,6)

Misidntifications of the exact biliary anatomy can affect both the perioperative management and the patient prognosis .

The advances in imaging modalities such as CT and MRI proved benificial and contributed much to the planning of hepatobiliary surgeries and evaluate post operative complications .

MRCP play a core role in evaluation of biliary system.

It enables rapid , noninvasive and reliable evaluation of both biliary and pancreatic ducts . another advantage is that MRCP is performed without the need for contrast medium and it does not require a lengthy preparation . The use of 3 tesla MRI machines gives a high signal to noise ratio compared to 1.5 tesla machines and this aid to depict fine anatomical detailes .

Using a multiplanar imaging and 3-D images , both the radiologist and the surgeon can refer to and plan the proper procedure and can evaluate relations to adjacent structures .

Normal biliary tree anatomy is when the duct draining the posterior segments of right liver lobe (RPD) join the duct draining the anterior segments of right lobe (RAD) to form Right hepatic duct (RHD) and this duct will join the left hepatic duct (LHD) to form common hepatic duct (CHD)<sup>(4)</sup> as shown in MRCP figure 1 below :



**Fig. 1:** showing normal biliary tract anatomy (type 1)

Biliary tract variations are common and many classification systems are used.  $^{(1,3,5,6)}$  in our study we use

Yoshida classification system shown in fig 5 (11).

Type II is when there is trifurcation formed by union of RAD , RPD and LHD as shown in figure 2

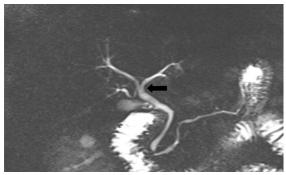


Fig. 2: showing type II trifurcation

Type III which is the  $2^{nd}$  most common type is when the RPD drain directly into the LHD as below in figure 3



Fig. 3: showing type III RPD drain into LHD Other types (IV - VII) are less common and among them type IV is the commonest and it is when the RPD join the CHD directly mistaken for cystic duct as in figure 4 :

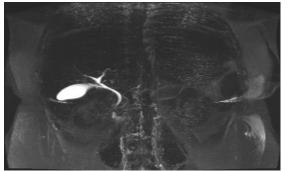
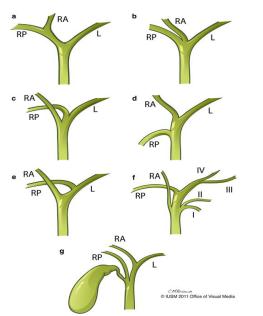


Fig. 4: showing type IV RPD jointhe CHD directly

Biliary tree is subject to wide range of anomalies and each case should be studied thoroughly. Examples of rare variants are shown below with diagram



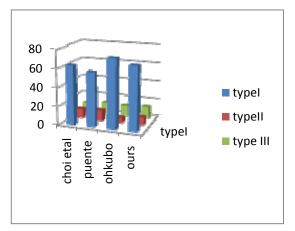
**Fig. 5:** Yoshida classification of biliary variants

In our study nomal biliary anatomy was found in 68.4% .

The importance of preoperative knowledge of biliary anatomy type is essential to avoid complications . for example if a patient had type III anomaly where the RPD drain into LHD underwent Left hepatectomy without attention to the anatomy he will end with losing his left liver lobe and half of his Rt lobe as well. (<sup>7-</sup> 10)

In type IV the fear is to mistake the RPD with the cystic duct which might lead to potentially life threatening complications. <sup>(10)</sup> In multiple similar studies , the incidence of type I range from 57 - 74 % , with type III being the 2<sup>nd</sup> most common variant 10 - 17 % .

Below is a diagram B comparing results of several similar studies to our study :



**Diagram B:** comparison between results of our study and similar studies

## Conclusion

Biliary tree variation is common accounting for about one third of population.

Some variants interfere with surgical procedures and are associated with increased morbidity and mortality.

MRCP is sensitive reliable method for preoperative assessment of biliary tree.

Commonest anomalies were type III followed by type II.

Each case should be examined thoroughly and discussed prior to any hepatobiliary surgery

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